

# WHAT IS I-CONNECT?

The Internet-Based Conversational Engagement Clinical Trial (I-CONNECT) study explores digital face-to-face social interaction and its effects on memory and mental function. Research shows that older adults who frequently meet or talk with others are less likely to develop dementia.

Adults over 75 years are one of the fastest growing segments of the population and face the highest risk of developing social isolation and dementia. User friendly, in-home approaches to prevent this are needed. This study aims to fulfill that need.

I-CONNECT pairs trained interviewers with eligible seniors to conduct fun and engaging conversations.

It is very helpful and beneficial for people of color to participate in research studies. This information can possibly help people of color in the future.



## Contact Us

Emory Goizueta Alzheimer's  
Disease Research Center

**Crystal Davis, Study Coordinator**  
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www.I-CONNECT.org

## Approved by:

IRB: #15937  
**Principal Investigator:** Dr. Monica Parker

**This study is  
funded by:**



# I-CONNECT

## Research Study



## Eligibility Requirements


- At least 75 years of age
- Looking for more opportunity to talk with others
- Generally healthy

## Compensation

Participants may be eligible to receive up to \$175 for participation.

## Questions?

Contact Crystal Davis, the study coordinator at Emory University.

 404-727-6696

 crystal.p.davis@emory.edu



## What does the study involve?

Participation lasts for about one year. One group receives home visits, phone calls and face-to-face video conversations. Another group will only receive phone calls and home visits. There is a 50% chance of being in either group.

## Weekly Phone Calls

- 15-minute health and social activity check-in over the phone.

## Occasional Home Visits

- Includes physical measures, survey-taking and problem-solving tasks, equipment installation and upkeep

## Frequent Video Conversations

- 30-minute-long conversations on a variety of topics and/or interest.
- Video chat device and study internet service provided.

**"IF YOU'RE FEELING LOW, IT WAS HELPFUL FOR ME TO HAVE THE TIME TO SIT AND TALK ABOUT SOMETHING.**

**IT REMINDED ME OF MY YOUNGER YEARS AND THAT WAS REFRESHING. IT'S FUN TO RECALL TIMES GONE BY."**

**- Study Participant**

